

DEMETRIUS
CONSTANTINE
DOUNIS

FUNDAMENTAL TRILL STUDIES
On a Scientific Basis, Op. 18

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FOREWORD

The trill is based solely upon the VERTICAL OR FALLING MOVEMENT of the fingers.

The exercises dealing with this movement in the two books of my method: "THE ABSOLUTE INDEPENDENCE OF THE FINGERS," as well as those of PART **A** in the second book of my "PREPARATORY STUDIES IN THIRDS AND FINGERED-OCTAVES," are sufficient to impart perfect freedom of movement to the fingers and to develop their strength and flexibility to the utmost.

The object of the following exercises is the development of RHYTHM and SPEED—the two essentials of a perfect musical trill.

THE AUTHOR.

DIRECTIONS FOR PRACTISING

AIM AT ABSOLUTE PRECISION IN FINGER-ACTION.

DO NOT LET THE FINGERS FALL UPON THE STRINGS WITH TOO MUCH FORCE; HAVE IN MIND, ALWAYS, THAT ELASTICITY AND SUPPLENESS ARE, BY FAR, MORE DESIRABLE AND NECESSARY THAN MERE FORCE.


THE BOW PLAYS AN IMPORTANT PART IN PERFORMING THE TRILL. DIVIDE THE BOW INTO EQUAL PARTS TO INSURE EVENNESS. DEVELOP THE LOWER PART OF THE BOW.

DEVOTE A FEW MINUTES EVERY DAY IN PRACTISING TRILL EXERCISES WITH THE LOWER HALF OF THE BOW ALONE.

The Exercises are written in such a manner as to exercise the hand in the two fundamental settings of the fingers.* Complete training of the hand is thus assured.

- * Full explanations about the two fundamental settings of the fingers are to be found in my book: "THE VIOLINIST'S DAILY DOZEN."

EXPLANATION OF SIGNS

The notes written thus:  should be stopped and held down firmly with the fingers, without being sounded with the bow.

FUNDAMENTAL TRILL STUDIES

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I

DEMETRIUS CONSTANTINE DOUNIS
(1886-1954)

FIRST FINGER

① a) b) c)

d) e) f)

② ③

④ ⑤

⑥

⑦

⑧

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to f).-

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II

SECOND FINGER.

①

a) b) c) d) e) f)

②

③

④

⑤

⑥

⑦




⑧




Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to f).-


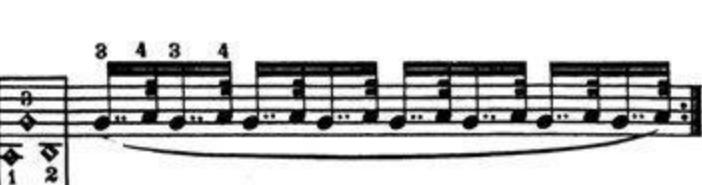
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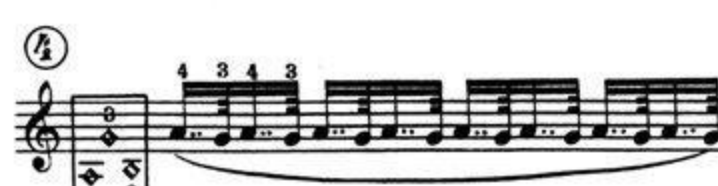

FOURTH FINGER.


①

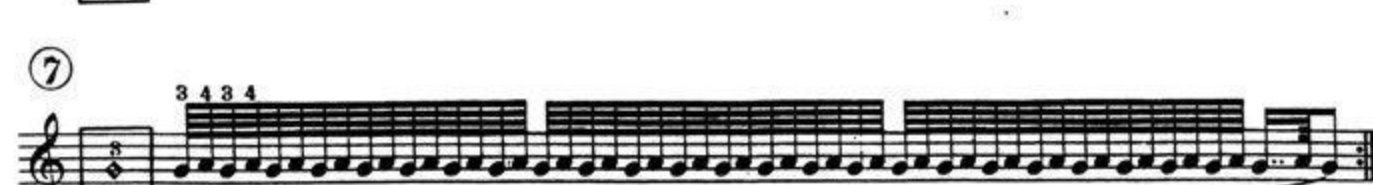
a)  b)  c) 


d)  e)  f) 

②  ③ 

④  ⑤ 

⑥ 

⑦ 

⑧ 

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to f).-

V

FIRST AND SECOND FINGERS.

A - Sixths

① a) b) c) d) ② ③ ④ ⑤ ⑥ ⑦ ⑧

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to d).—

B - Fourths

① a) etc.

To be practised in the same way as exercises ① to ⑧ of the Sixths.—

VI

THIRD AND FOURTH FINGERS.

A -Sixths

① a) 2 1 4 3 b) 2 1 4 3 c) 2 1 4 3

② 4 3 2 1

③ 2 1 4 3 2 1 4 3

④ 4 3 2 1 4 3 2 1

⑤ 2 1 4 3 2 1 4 3 2 1 4 3

⑥ 2 1 4 3 2 1 4 3 2 1 4 3

⑦ 2 4 2 4 1 3 1 3

⑧ 4 2 4 2 3 1 3 1

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to c).—

B Fourths

① a) 1 2 3 4 etc.

To be practised in the same way as exercises ① to ⑧ of the Sixths.—

VII

SECOND AND THIRD FINGERS.

① **A - Sixths**

a) b) c) d)

② ③ ④ ⑤ ⑥ ⑦ ⑧

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to d).—

B - Fourths

① a) etc.

To be practised in the same way as exercises ① to ⑧ of the Sixths.—

VIII

FIRST AND FOURTH FINGERS.

① **A** - Octaves

a) b) c)

②

③

④

⑤

⑥

⑦

⑧

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to c).—

① **B** - Tenths

a) etc.

① **C** - Unisons

a) etc.




To be practised in the same way as exercises ① to ⑧ of the Octaves.—

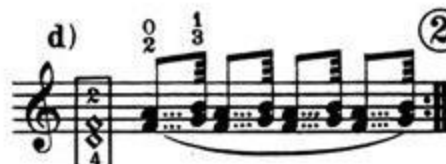


To be practised in the same way as exercises ① to ⑧ of the Octaves.—



IX


FIRST AND THIRD FINGERS.


A-Thirds


① a)  b)  c) 

d)  ②  ③ 

④  ⑤ 

⑥ 

⑦ 

⑧ 

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to d).—

B-Fingered Octaves

① a)  etc.

To be practised in the same way as exercises ① to ⑧ of the Thirds.—

X

SECOND AND FOURTH FINGERS.

[A] -Thirds

① a)  b)  c) 

② 

③ 

④ 

⑤ 

⑥ 

⑦ 

⑧ 

Exercises ② to ⑧ are to be practised in the same way as exercise ①, from a) to c).—

[B] -Fingered Octaves

① a)  etc.

To be practised in the same way as exercises ① to ⑧ of the Thirds.—

It is advisable to transpose and practise in all positions, in absolutely the same manner as indicated for the first, all Exercises which do not contain any open strings, especially those of Chapter X, [A]-Thirds, [B]-Fingered Octaves.

The same Exercises should be played, also, in different keys, both major and minor.